

Tendoslash Tablet

Information for the Use

Chondroitin (200 mg) + Collagen Peptide (40 mg) + Sodium Hyaluronate (30 mg) + Vitamin C (35 mg) Tablet

Composition:

Each tablet contains:

- **Chondroitin Sulfate: 200 mg**
 - **Collagen Peptide: 40 mg**
 - **Sodium Hyaluronate: 30 mg**
 - **Vitamin C: 35 mg**
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Description:

This combination tablet is designed to support joint health, cartilage repair, and overall mobility. The key ingredients work synergistically to reduce inflammation, promote cartilage regeneration, and maintain joint lubrication.

- **Chondroitin Sulfate:** A natural component of cartilage, it helps maintain elasticity, inhibit cartilage breakdown, and support joint cushioning.
 - **Collagen Peptide:** Provides essential building blocks for cartilage repair and enhances joint flexibility.
 - **Sodium Hyaluronate:** Maintains joint lubrication and reduces friction between joint surfaces.
 - **Vitamin C:** A potent antioxidant that aids in collagen synthesis and protects cartilage from oxidative damage.
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Indications:

This tablet is indicated for:

- **Osteoarthritis and degenerative joint disorders.**
 - **Joint pain, stiffness, and reduced mobility.**
 - **Supportive therapy for cartilage repair and maintenance.**
 - **Prevention of joint degradation in individuals at risk of osteoarthritis.**
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Dosage and Administration:

- **Adults:** Take 1 tablet daily or as directed by a healthcare professional.
 - **Method of Administration:**
 - Swallow the tablet with a glass of water, preferably after meals.
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Contraindications:

- **Hypersensitivity to any component of the formulation.**
 - **Severe kidney or liver dysfunction (consult a doctor before use).**
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Precautions:

- **Pregnancy and Lactation:** Use only if prescribed by a healthcare professional.
- **Diabetes:** Monitor blood glucose levels as Chondroitin may influence glucose metabolism.

- **Bleeding Disorders:** Use with caution, as Chondroitin may affect clotting.
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Possible Side Effects:

Common side effects:

- Mild gastrointestinal discomfort (e.g., nausea, bloating).
- Headache or dizziness.

Rare but serious side effects:

- Allergic reactions (e.g., rash, itching, swelling).
 - Severe gastrointestinal disturbances (e.g., diarrhea or constipation).
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Drug Interactions:

- **Anticoagulants or Antiplatelet Drugs:** May increase the risk of bleeding; monitor INR levels.
 - **Vitamin C Supplements:** Avoid excessive intake to prevent hypervitaminosis.
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Storage:

- Store at a temperature below 25°C (77°F).
 - Keep away from direct sunlight and moisture.
 - Keep out of reach of children.
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Special Instructions:

- Consistency in dosage is essential for optimal results; do not skip doses.

- Consult your doctor if symptoms persist or worsen after regular use.
 - This product is a supportive therapy and should be used alongside lifestyle modifications for joint health, such as regular exercise and a balanced diet.
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Note: This tablet should be used under the guidance of a healthcare professional. Always read the label and package insert for detailed information.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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